



# The Advance Project Referral Triage Tool: Palliative care in residential aged care

Resident's Name: \_\_\_\_\_

**1. After assessment by the nurse and/or GP:**

Can this resident's and their family/carer's palliative care needs be met at present by the aged care home and the current support systems in place?

☐ Yes ☐ No

*If 'No', consider what additional support is needed (see questions 2. and 3. below)*

**2. Are any of the following support or referrals required?**

Physiotherapist: ☐ Yes ☐ No

Dietician: ☐ Yes ☐ No

Speech pathologist: ☐ Yes ☐ No

Podiatrist: ☐ Yes ☐ No

Lifestyle officer: ☐ Yes ☐ No

Social worker: ☐ Yes ☐ No

Chaplain/pastoral care: ☐ Yes ☐ No

Counsellor or Psychologist: ☐ Yes ☐ No

Volunteer: ☐ Yes ☐ No

Geriatric services (e.g. Rapid response team, Psychogeriatrician): ☐ Yes ☐ No

Dementia Support Australia [dementia.com.au](https://dementia.com.au): ☐ Yes ☐ No

Other medical specialist: ☐ Yes ☐ No

Other services: ☐ Yes ☐ No

**3. Is referral to a specialist palliative care service required?**

☐ Yes ☐ No

Consider referral to specialist palliative care service for either a one-off assessment or ongoing review, if at least one of the following is present:

- ☐ Unresolved physical symptoms
- ☐ Unresolved psychological symptoms or existential/spiritual distress
- ☐ Unresolved carer/family distress
- ☐ Anticipated difficulties with end-of-life planning or care in the coming months

If referral to specialist palliative care is required:

- information about services available in your local area can be found at [palliativecare.org.au/directory-of-services](https://palliativecare.org.au/directory-of-services)
- communication tips for discussing referral to specialist palliative care teams with residents/families are shown in the Advance Project Toolkit, which is available from [theadvanceproject.com.au](https://theadvanceproject.com.au)

**4. When does the resident next need:**

☐ Care plan review: \_\_\_\_\_

☐ Family conference: \_\_\_\_\_

Completed by: \_\_\_\_\_

Date: \_\_\_\_\_