



The Advance Project Referral Triage Tool: Palliative care in residential aged care

Resident's Name: _____

1. After assessment by the nurse and/or GP:

Can this resident's and their family/carer's palliative care needs be met at present by the aged care home and the current support systems in place?

Yes No

If 'No', consider what additional support is needed (see questions 2. and 3. below)

2. Are any of the following support or referrals required?

Physiotherapist: _____

Yes No

Dietician: _____

Yes No

Speech pathologist: _____

Yes No

Podiatrist: _____

Yes No

Lifestyle officer: _____

Yes No

Social worker: _____

Yes No

Chaplain/pastoral care: _____

Yes No

Counsellor or Psychologist: _____

Yes No

Volunteer: _____

Yes No

Geriatric services (e.g. Rapid response team, Psychogeriatrician): _____

Yes No

Dementia Support Australia dementia.com.au: _____

Yes No

Other medical specialist: _____

Yes No

Other services: _____

Yes No

3. Is referral to a specialist palliative care service required?

Yes No

Consider referral to specialist palliative care service for either a one-off assessment or ongoing review, if at least one of the following is present:

- Unresolved physical symptoms
- Unresolved psychological symptoms or existential/spiritual distress
- Unresolved carer/family distress
- Anticipated difficulties with end-of-life planning or care in the coming months

If referral to specialist palliative care is required:

- information about services available in your local area can be found at palliativecare.org.au/directory-of-services
- communication tips for discussing referral to specialist palliative care teams with residents/families are shown in the Advance Project Toolkit, which is available from theadvanceproject.com.au

4. When does the resident next need:

- Care plan review: _____
- Family conference: _____

Completed by: _____

Date: _____